

## Focus Groups on the Use of Telehealth for Mental Health Treatment

We're seeking your participation in focus groups to tell us about your telehealth experience!

### Who can participate in these focus groups?

- ✓ Parents and caregivers of children that are receiving mental health services, and who have used telehealth for mental health care.
- ✓ We are interested in hearing from people from a variety of racial/ethnic backgrounds, gender identities, and geographic areas.

Please share a little about yourself in your reply.

### What is the purpose of the focus groups?

- ✓ Learn how you use telehealth services for mental health treatment.
- ✓ Understand how you decide whether to use telehealth or in-person treatment for your child/adolescent.
- ✓ Understand how telehealth impacts the ability to receive a range of services and continue in treatment.
- ✓ Hear your perceptions of about what role telehealth should play in the future of mental health services.

### Why should I participate?

Your voice is important to inform policy decisions around the future of telehealth! You are the experts on this topic and it's important to hear your perspective. You will also hear from other people across the country about how telehealth worked or did not work for them. We will provide a \$100 gift card in appreciation for 90 minutes of your time and expertise.

### When and where are the focus groups?

We will conduct the focus groups online in Spring 2023. You will not have to travel or attend a focus group in-person. You can participate from your home or office. If selected, we will send you the meeting link and phone number after you sign up. We may not be able to invite everyone to the focus groups if we receive a lot of interest.

### What about my privacy?

We respect your privacy and want you to be comfortable sharing your candid perspectives during the focus group.

When you contact us, we will ask for your name, phone number, and email address only to schedule the focus group and send your payment. Beyond that, you can use a different name during the focus group if you choose. We will also collect basic demographic information from you but will not attach that information to your name. We will not include your name or any identifying information about you in the final report from the study to honor your privacy. All participants will be anonymous.

### Who is sponsoring this study?

The Office of Behavioral Health, Disability, Aging Policy (BHDAP) within the U.S. Department of Health and Human Services is sponsoring this study to learn whether telehealth is helping people get the care they need and the best strategies for balancing telehealth and in-person care in the future. [Mathematica](#) is a non-partisan research organization conducting this study to support BHDAP's learning.

We look forward to hearing from you! For more information about the study, or to sign up to participate, please reach out to [Telementalhealthstudy@mathematica-mpr.com](mailto:Telementalhealthstudy@mathematica-mpr.com) or 844-341-1187